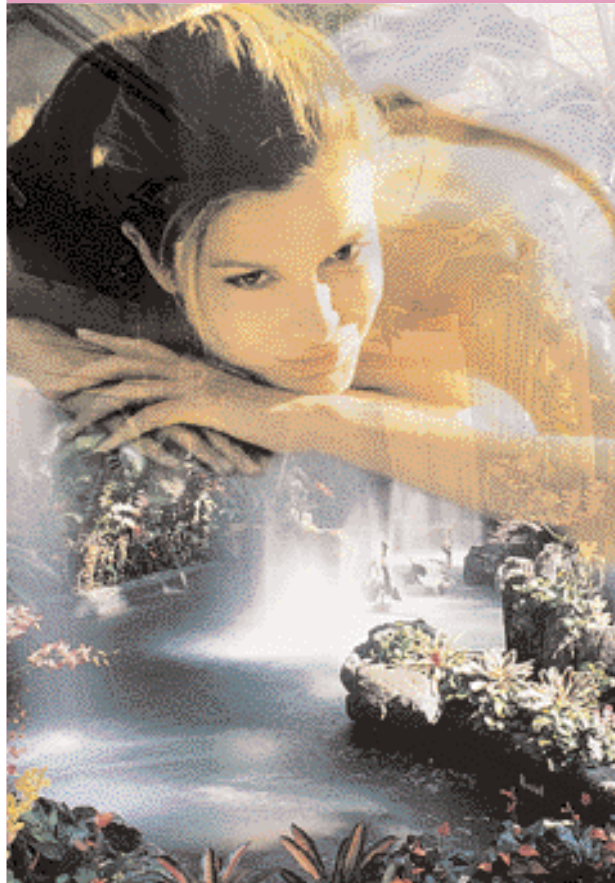


health&beauty



the Polynesians. And in many European countries today, spa treatments remain a sanctioned medical prescription. Yet, we are often hesitant to take advantage of these marvelous relaxation and health-giving techniques — unless on vacation.

Hyatt Regency WaikĒkĒ Resort & Spa

Overlooking WaikĒkĒ Beach and with a panoramic view of the Ko'olau Mountains, the Hyatt Regency is the perfect place to experience rejuvenation at its most luxurious. This three-story, full-service spa (left) perpetuates health and wellness through the practice of Hawaiian healing methods for the ultimate in pampering. The spa area also includes water features that maintain a rich, tropical decor with ancient Hawaiian artifacts. In addition to conventional treatments, there are 19 treatment rooms (shown on facing page) and an exercise area, a sauna, whirlpool, jacuzzi, steam rooms, men's and women's locker rooms and a refreshment area — all designed to lift the spirits. (808) 923-1234.

Skin Deep

Health and beauty often go hand in hand. And the way you feel is often reflected in the way you look. Here are some services that are guaranteed to make you look and feel great!

The Royal Treatment

Spa treatments have been around for centuries — the word comes from Spa, a village in Belgium, celebrated since 1610 for the curative powers of its springs. The Hawaiian massage, with its healing seaweed body preparations, itself goes back to

Parisian Peel

Skin that has sun-damage, age spots, superficial pigmentation, fine lines and wrinkles, enlarged or oily pores, blackheads and whiteheads, and acne scars can be treated effectively with the Parisian Peel skin renewal process by Bareskin Hawai'i. The Parisian Peel process smooths and freshens your skin, the way the French have enjoyed for years. This process is safe, simple and affordable. A precision handpiece is used to direct a stream of very fine crystals and mild suction exactly where needed on your skin. The gentle, abrasive action

of the crystals combines with the suction to remove the dead outer layer of your skin, while bringing smoother, softer skin to the surface. This process works equally well on all colors of skin and takes about 30 minutes. You'll feel only minimal discomfort and then can return to your normal activities. Restore the beauty that is you. Call for a free consultation or visit the web site at www.bareskinhawaii.com. (808) 585-8558.

Permanent Cosmetics

If you are male or female, too busy to apply makeup everyday, allergic to makeup, a contact lens wearer, athletic or have oily skin and tend to shed makeup easily, have burn scars and/or flaws in your skin, and simply want to look your best all of the time, Intradermal cosmetics are for you! Intradermal cosmetics are permanent cosmetics. Intradermal Pigmentation is a revolutionary method of applying micro insertions of natural pigments into the dermal layer of the skin. This state-of-the-art technique is medically proven and specifically designed to be completely safe and is performed by Permanent Cosmetic Enhancing. Intradermal Pigmentation is used for a variety of permanent cosmetic enhancements, such as permanent eyebrows (to mimic the appearance of hair in the brow line), eye liner, lip liner and lip color, stretchmark, birthmark and scar camouflage, areola restoration, hairline enhancement, and more. During the procedure, topical anesthetics are used to minimize discomfort, but you are fully aware to instruct the technician. (There is a



PHOTO: HYATT REGENCY WAIKIKI RESORT & SPA©

PHOTOS: (FROM LEFT) HYATT REGENCY WAIKIKI RESORT & SPA©; COURTESY OF BRITESMILE

wide spectrum of colors from which to choose.) You can resume normal activities immediately after the procedure. There will be slight swelling and redness in the skin that will subside quickly. Call today for more information and to achieve beauty that is permanent! (808) 941-2255.

Those Pearly Whites

Background

If you want whiter teeth, the new BriteSmile professional teeth whitening system offers the latest, most advanced state-of-the-art technology to whiten teeth (below). Combining a gentle, 15% hydrogen peroxide whitening gel with a breakthrough new "blue light," BriteSmile is able to decrease the completion time for effective teeth whitening down to just a single one-hour visit.

Effectiveness

The BriteSmile treatment has been proven safe in clinical studies conducted by independent university researchers, who found conclusively that the BriteSmile treatment resulted in no structural change in teeth, no adverse impact on fillings and no softening in tooth enamel. Additionally, in its own clinical studies, BriteSmile has been able to achieve an average nine shades whiter with many clients enjoying results off the chart!



Cost

A BriteSmile treatment is very affordable. Furthermore, BriteSmile is committed to helping you achieve your optimum, natural whiteness, and satisfaction is guaranteed. The standard fee for a treatment that includes the initial consultation, dental screening and a one-hour treatment is \$500. Call 1-800-BRITESMILE or visit their web site at www.britesmile.com for a location near you and to schedule an appointment.